

Buckstone; Beating Bullying Our Advice to Adults





Do's



 \Rightarrow Be aware that the bully might not tell the truth

⇒Give me time and listen to me

⇒Check in regularly even when the issue is resolved





 \Rightarrow Give me options and discuss these with me

⇒Make time to have conversations in a private place



⇒Take it seriously



⇒Ask me how I would like it to be dealt with





⇒Listen to me



Don'ts



Don't make me face the bully and force Don't make me face them to say sorry the bully and force them to say sorry

Don't tell me its ok and take no action

ODon't tell me to 'sort it out yourself' or to 'just ignore it'



ODon't make me feel like its my fault



♦Don't make me feel bad for telling you

◊Don't pass it on to others who don't need to know

